



CEREC CROWN POST-OPT INSTRUCTIONS

Local anesthetic was utilized and this will cause numbness in your lips, teeth and tongue that might last for several hours after the procedure. To avoid damage to your tongue and lips, you should avoid any chewing and hot liquid until the numbness has completely worn off.

Do not chew hard or sticky foods for 24 hours from the time the crown was cemented as these may crack your dental restorations (or even your natural teeth!). Do not floss around the restoration or use a rotary toothbrush the day of cementation. The cement must harden during this time to provide optimum strength. It may take a few days to get used to your new crown after the final cementation.

Hot and cold sensitivity may occur for a few weeks and occasionally may last for several months. Please take Tylenol or Ibuprofen when you get home and before bedtime. If the bite does not feel comfortable, please call and make an appointment so that we may adjust it.

Small pieces of excess bonding material may be found by your tongue for a couple of days. These small pieces of excess bonding material will normally come off with regular tooth brushing. If you feel anything sharp to your tongue, please call our office and the piece can be removed easily with an instrument.

Proper brushing, flossing, and regular cleanings are necessary to maintain the final restoration. The one area where a crowned tooth can decay is at the bottom edge of the crown at the gum line. Small problems that develop around restorations can usually be found at an early stage and easily corrected, but postponing proper care can result in the need to replace the entire restoration.

We have done our best to provide you with the highest quality and natural-looking dental restoration. We are committed to excellence and hope this restoration will give you many years of service.